



# Latvian Taekwondo Open Championships 2024

**Organizer:** Latvian Taekwondo Federation  
Dzelzavas iela 26A, Rīga, LV-1084  
[www.taekvondo.lv](http://www.taekvondo.lv)

**Contact person:** Viktoras Malishauskas  
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**Competition Date:** November 16<sup>th</sup>-17<sup>th</sup> 2024

**Venue:** Sports Hall "Centre"  
Brīvības iela 14, Ventspils, LV-3601

**Competition Rules:** WT Competition Rules

**Liability:** Teams are obliged to insure their contestants.  
Competitors are to participate at their own risk. The organizers do not accept responsibility for any damages, injuries or losses sustained or incurred. Competitors must bring their own documents and forms for any medical treatment in Latvia.  
**Competitors must have a valid sports insurance.**

**Equipment:** All competitors will be provided with DaeDo electronic body and head protectors at the time of competition, but they must supply their own DaeDo sensor socks. Competitors must also provide and wear WT recognized groin/forearm/shin-guards and gloves.

**Registration and weigh-in:** November 16<sup>th</sup> 2024  
9:00 - 11:00  
Sports Hall "Centre"  
Brīvības iela 14, Ventspils, LV-3601



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**Kyorugi Weight Divisions:** **Minis** (2016-2018) without head contact, 9<sup>th</sup> Kup and higher  
**Youths** (2013-2015) with head contact, 9<sup>th</sup> Kup and higher

Male and Female									
-22kg	-24kg	-27kg	-30kg	-33kg	-36kg	-40kg	-44kg	-48kg	+48kg

**Cadets** (2010-2012) 7<sup>th</sup> Kup and higher

Male									
-33kg	-37kg	-41kg	-45kg	-49kg	-53kg	-57kg	-61kg	-65kg	+65kg
Female									
-29kg	-33kg	-37kg	-41kg	-44kg	-47kg	-51kg	-55kg	-59kg	+59kg

**Juniors** (2007-2009) 5<sup>th</sup> Kup and higher

Male				
-48kg	-55kg	-63kg	-73kg	+73kg
Female				
-44kg	-49kg	-55kg	-63kg	+63kg

**Seniors** (2007+) 5<sup>th</sup> Kup and higher

Male			
-58kg	-68kg	-80kg	+80kg
Female			
-49kg	-57kg	-67kg	+67kg

Categories with less than 2 competitors will be merged if possible.

**Regulations:** Minis and Youths: 3x1min (45sec break)  
Juniors and Cadets: 3x1.5min (45sec break)  
Seniors: 3x2min (1min break)

The Organization Committee can adjust the competition.

**Awarding:** 1<sup>st</sup>, 2<sup>nd</sup> and two 3<sup>rd</sup> places will be awarded with a medal.



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## Poomsae Divisions:

	D Class	C Class	B Class	A Class
	10-8 Kup	7-5 Kup	4-2 Kup	1 Kup - Dan
	Can repeat Poomsae	Can not repeat Poomsae	Can not repeat Poomsae	Can not repeat Poomsae
<b>Final</b>				
<b>Minis (2018-2016)</b>	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	--
<b>Youths (2015-2013)</b>	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	--
<b>Cadets (2012-2010)</b>	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	Taeguk 7 Jang - Keumgang
<b>Juniors (2009-2007)</b>	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	Taeguk 7 Jang - Keumgang
<b>Seniors (18+)</b>	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	Taeguk 7 Jang - Keumgang

**Gender Division:** All of the categories are mixed - males and females will be combined.

**Eligibility:** If the Kup category and Kup do not match the participant, the participant will be disqualified. Please confirm before registering.

**Awarding:** 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place will be awarded with a medal.





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**Applications:** Registration via [TaekoPlan Subscription Site \(TPSS\)](#)

**DEADLINE - November 13<sup>th</sup> 2024**

Changes during the registration - 10 EUR.

**Early Entry Fee:** Entry fee for Kyorugi - 30 EUR.  
Before 8/11/2024 Entry fee for Poomsae - 20 EUR.  
Entry fee for Kyorugi and Poomsae - 45 EUR.

**Regular Entry Fee:** Entry fee for Kyorugi - 35 EUR.  
Before 16/11/2024 Entry fee for Poomsae - 25 EUR.  
Entry fee for Kyorugi and Poomsae - 55 EUR.

**Late Entry Fee:** Entry fee for Kyorugi - 60 EUR.  
After 15/11/2024 Entry fee for Poomsae - 40 EUR.  
Entry fee for Kyorugi and Poomsae - 90 EUR.

Contestants applying for multiple age categories must pay the corresponding number of registration fees.

**Late entry fee will be charged for the Latvian competitors without the LTKF licence or without the officialy approved belt tests.**

Latvijas Taekvondo Federacija  
Dzelzavas iela 26A, Rīga, LV-1084  
LV38CBBR1129747900010  
BluOr Banka AS  
SWIFT: CBBRLV22  
Latvian Open 2024 + (Team Name)



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# Latvian Taekwondo Open Championships 2024

## Event Timetable

(subject to change)

Date	Time	Event	Location
Saturday November 16 <sup>th</sup>	9:00 - 11:00	Registration and weigh-in for Kyorugi	Sports Hall "Centre"
	9:00 - 11:00	Poomsae Competition Day 1	Sports Hall "Centre"
	12:00 - 16:00	Kyorugi Competition Day 1	Sports Hall "Centre"
Sunday November 17 <sup>th</sup>	9:00 - 11:00	Poomsae Competition Day 2	Sports Hall "Centre"
	12:00 - 16:00	Kyorugi Competition Day 2	Sports Hall "Centre"

**Competition Day Division:** Both kyorugi and poomsae will be divided into two days. Categories split will be decided after the registration deadline and will be sent to all the teams on the 14<sup>th</sup> of November 2024.



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