

"Lithuania open 2020" international taekwondo tournament

Date: 2020-10-03

Place: "Vilniaus kultūros, pramogų ir sporto rūmai", a.k.a. "VRM"

Address: Žirmūnų st. 1E, Vilnius, Lithuania

Organizer: Lithuanian Taekwondo federation

+370 670 217 01 taekwondolt@yahoo.com

www.taekwondo.lt

Deadline: 2020-09-29

Registration: reg.taekwondo.lt

Official Hotels: 26 EUR (3 stars) person/night with breakfast ,free secure parking,Wi-Fi, perfect location (900 m from hall) in center of Vilnius.

Please do accommodation reservations soon as it possible by e-mail.

Hotel reservation deadline -2020 09 25

(Hotel reservation email: taekwondolt@yahoo.com)

Competition start: 9:00

Registration and weigh-in:

2020 10 02 Friday 20:00 - 21:00 in official hotel only

2020 10 03 Saturday 9:00 - 16:00 in hall (with passports)

Rules: WT, LTF

Awards: 1st, 2nd and two 3rd places get medals.

Entry fee: 25 Euro (compete in 2 categories 40 Eur)

Categories:

Age	Kup	Sex	Weight (kg.)
7-9 (no head kicks) 2x1min	from 9 kup	Male & Female	-26, -30, -35, -40, +40
10-11 (2x1.5 min)	A from 5 kup B 10-6 kup		-30, -35, -40, -45, +45
12-14 years Cadets 2x1.5 min (electronic headgear)	A from 5 kup B 10-6 kup		-35, -40, -45, -49, -53, -57, -65, +65
15-18 years Juniors (electronic headgear) 2x2 min	from 5 kup		-51, -55, -59, -63, -68, -73, -78, +78
Seniors (electronic headgear)	from 5 kup	Male	-58, -68, -80, +80
2x2 min		Female	-49, -57, -67, +67

If category has 3 participants or less - it may be joined with nearest category.

Participants have to be members of taekwondo clubs participating kyorugi by WT rules.

All competitors are considered to participate at their own risk. The Lithuanian taekwondo federation and the organizer assume no responsibility for any damages, injuries or losses.

WT approved headgear, groin, forearm and shin protectors, gloves and mouth guard will be brought by the contestants, which is compulsory. Electronic body protectors and helmets will be provided by organizer

Referees are welcome. International referee will get 25 Euro, 1 night accommodation in official hotel and meal during the competition.